


NEW
HIRTS
NEW
BONS
FALL 13



I once was
lost
but
now
I'm
found

You are never too old to set another goal
or to dream a new dream.

C.S. Lewis

The world needs you



Be
Here
Now

Be
Here
Now

You Can
BE
A PART
OF

THE WORLD



you

Make a CHOICE

I spent a lot of time finding injustice and pain around me. I spent a lot of time finding blame for all the problems in the world. I had not faced my own face in the mirror and acknowledged I was making a choice to be who I was.

I wanted to make an impact on the world and help others, but I became frustrated quickly and felt helpless to the bigger picture. This was because I had not seen my daily life as impacting the bigger picture yet, it surely does.

AS DOES YOUR LIFE AND YOUR CHOICES.

I had to recognize I was part of the problem. I had to stop blaming others and take accountability for my own actions. I was lazy, entitled, and selfish.

I was selfish until I made the deliberate choice not to be.



I had to let go of the shiny, and *at first* enticing picture of being selfish (getting everything you want) and open up to the *at first* less enticing, but world changing action of selflessness (put others first appreciate what you have however small it may be).



continued in next... new hearts new bones

When a boy wakes up in Palestine to bombs
and terror in

his sheets

Do you think he is
deserving of these things?

When we brush family
secrets under the rug

Do you
really
think this
brings healing?

Do you really believe
it's out of love?

When we can't be sane and accountable
to other human beings

Do you think hell is really somewhere else,
some place we've never been?

When a young girl has to sleep next to her sewing machine

Have you gained the highest status because of the clothes
you fit in?

When we can't be open with our true faults

They just pile up inside
Until we are too numb to even care or try

Who will help the innocent boy in Palestine?

Who will hear his cries?

How will the molested survivor talk
about the things eating them alive?

With heaven inside yourself, you only have to choose

Will Americans wake up?

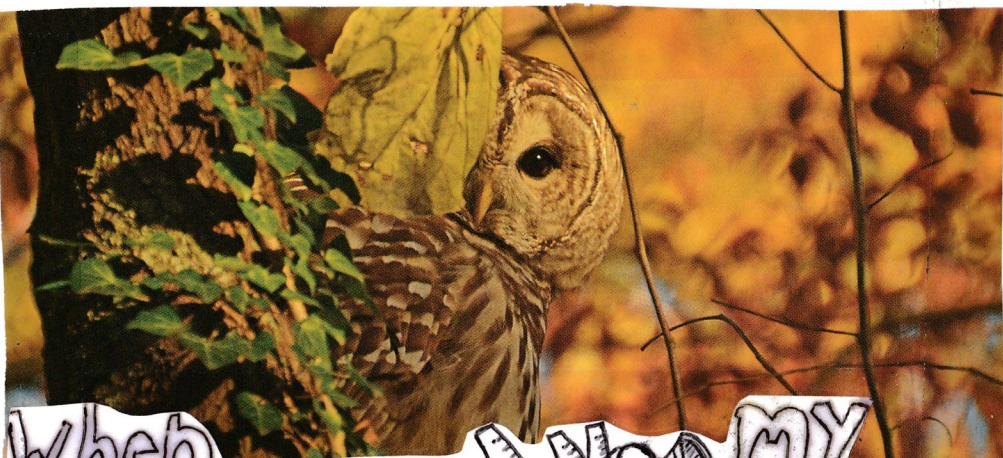
Can we embrace a new way of life that doesn't

include gaining more than we need
from the blood of others? Can you?

How bright and loud does it have to be until you
Please look closer and you will see the whole world

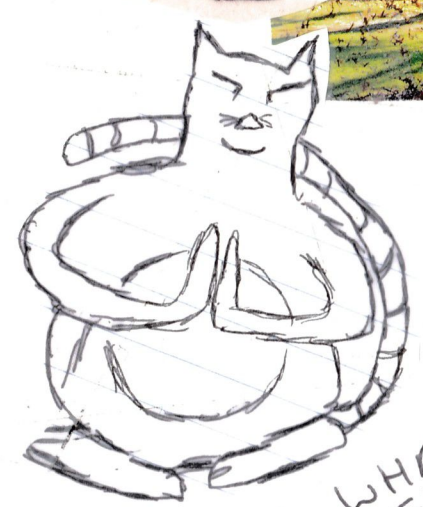
Waiting on your decision
The time is now to choose.

see the truth?
looking back at you



When I Kept Silent my Bones Wasted away

The light is coming in faster than I have ever felt it come before. There is no stopping what is coming now. Our paths have been marked and plotted. Decisions have been made and choices chosen. A new sun will rise into the sky that day. Blood will cover it all. All shall be heard. Every innocent cry will echo through this valley of apathy and emptiness. It will shake your bones and you will feel heaven just out of reach. As you sink into the darkness that must be left behind.



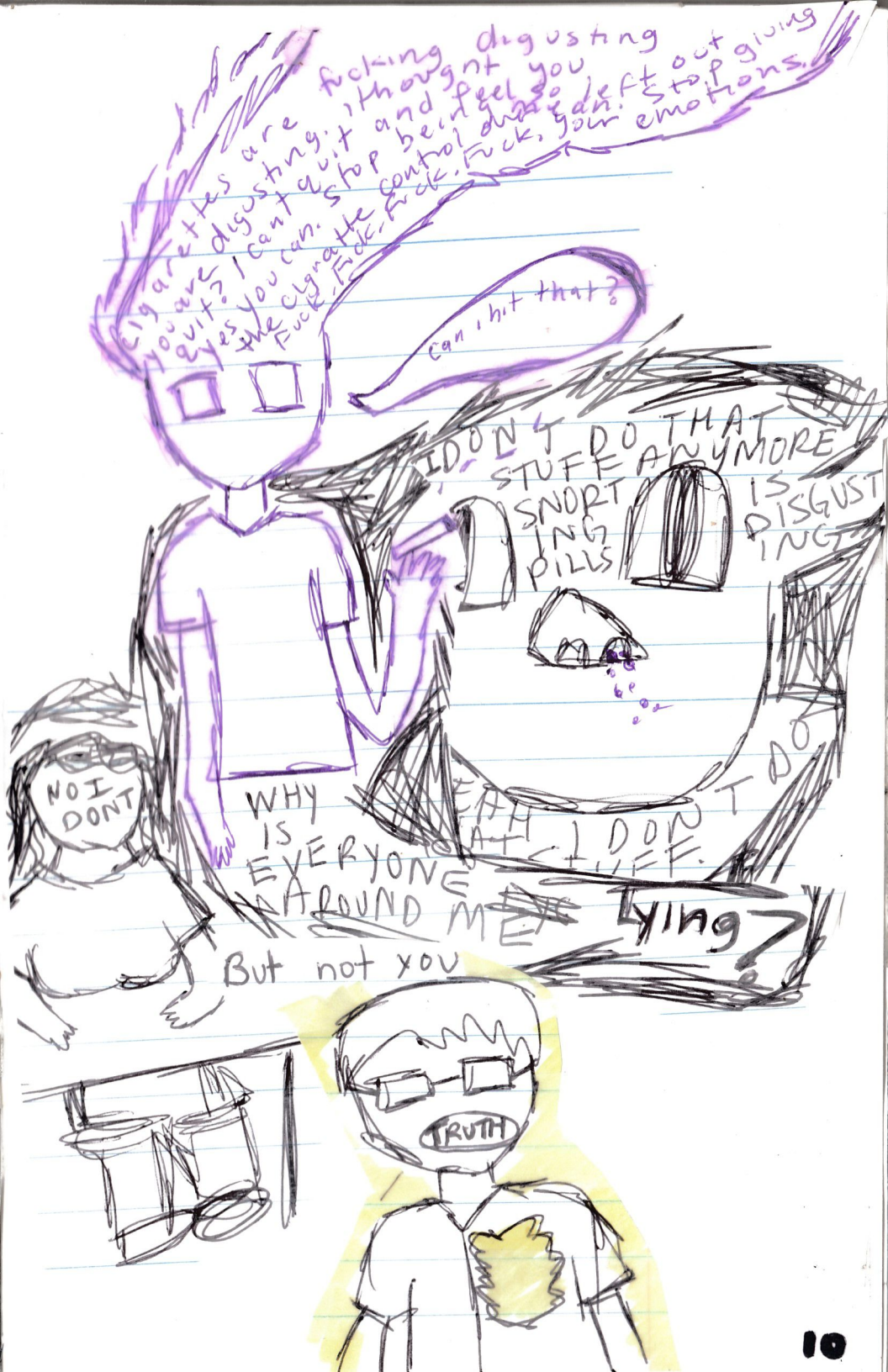
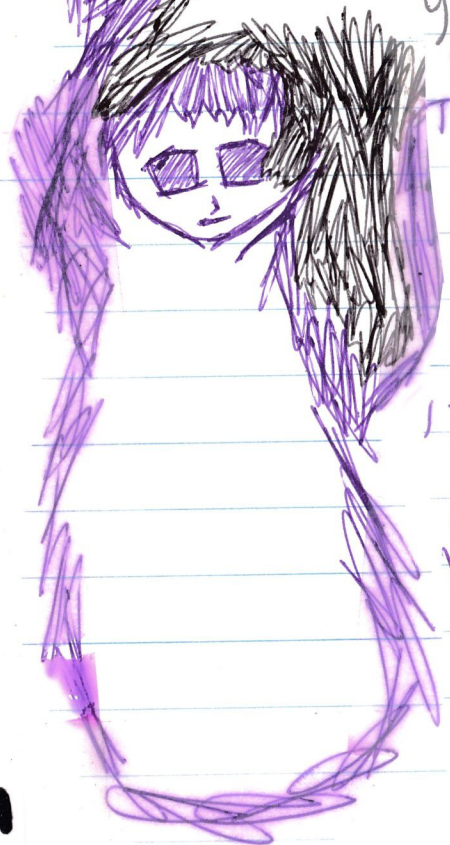
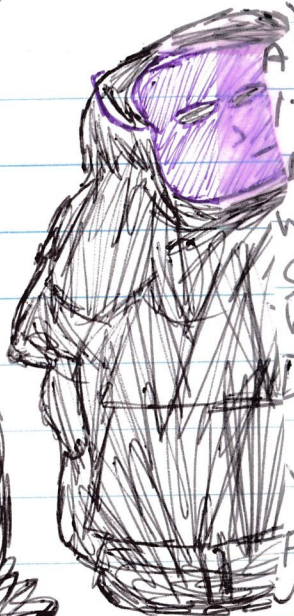
"there are wolves out here and they will fucking kill you"

"BE CAREFUL WHAT YOU SET YOUR HEART UPON, FOR IT SURELY SHALL BE YOURS"

happy spot



YOUR FACE LOOKS LIKE
A MASK. UNDERNEATH
IT IS DEPRESSING,
DARK AND FILLED
WITH REGRET. YOU
SOUND INSANE
WHEN YOU SPEAK.
DO YOU FEEL DEAD
INSIDE? WHEN
YOU SPEAK IT
FALLS OUT OF
YOUR FACE BEFORE
YOU CAN CATCH IT.
I CAN'T EXPLAIN
THE WAY YOU
EMANATE A
HORRIBLE
BITTERNESS.
I CAN TASTE IT
IN MY MOUTH.
IT WOULD OVER
TAKE MY ENTIRE
BEING WERE I
WEAK. **GOD** please
give me strength.
Please give me
understanding.



[illegible]

AT HAVE YOU

ED TO YOUR
SISTER?

no.

IF I TRULY
LET IT GO. IF I LET ALL
THE WALLS OF
HATRED. OF BLAME
FALL DOWN... I CAN STAND
ALONE WITH ONLY MYSELF, PART
OF ME IS SCARED... BUT
I KNOW WHAT I MUST
DO.

A hand-drawn sketch of a wavy, zigzag line on lined paper. The line starts at the bottom left, moves up and to the right in a series of connected, irregular loops and curves, ending near the top right. The drawing is done in dark ink or pencil.

R.I.P.
the
past



New Hearts | Cheering
New Bones | and
Fall | Waving
2013 | Press



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